

# LIMPOPO MARULA FESTIVAL



**SPONSORED BY LEDET**

**ORGANISED BY RUN/WALK FOR LIFE POLOKWANE**

**Half-Marathon (21.1km), 10 km and Fun Run (5km)**

**Saturday, 27 February 2016**

**All races starts at the Bollanoto Information Centre on the road to the Kruger Park (opposite Spar), Phalaborwa**

## **GENERAL INFORMATION:**

1. All entrants in the Half-Marathon and 10km must be members of clubs affiliated with ASA/LIMA and must wear their official club colours.  
**Valid 2016 licences** must be displayed on the **FRONT & BACK** of their vests.  
**Race number** must be displayed on the **FRONT** of the vest.  
**Numerical age groups tags** must be display **FRONT and BACK** on the running vest.  
**Walkers** must have a 'W' displayed on the **FRONT and BACK** of the vest.  
Entrants in the Fun Run must wear acceptable athletic clothing but need not be licensed members of clubs.
2. **Entry Fees: 21.1km = R40; 10km = R30.00; 5km = R10**
3. **Temporary licences will be available at R30.00 each for non-club members**
4. The minimum age for the 21.1km race is 16 years.
5. The minimum age for the 10km race is 15 years.
6. **ALL Races - start and finish** at the **Bollanoto Information Centre** on the road to the Kruger Park (opposite SPAR).
7. Starting times are as follows:  
Walkers: 21.1km - 06.00am; 10km - 06.00am  
Runners: 21.1km – 06:15am; 10km - 06:15am  
Fun Walk and Run: 6.45am
8. Marshalls & traffic officers must be obeyed at all times.
9. Seconding will not be permitted outside water point boundaries. The "Stand and Hand" rule will apply.
10. All rules and conditions of IAAF / ASA / LIMA will apply.
11. The official prize giving will take place at 10h30 (3½ hour cut-off).
12. Medals to all finishers in the 21.1km, 10km and 5km Fun Run. Gold to category winners and silver for the runners up in both the 21.1km and 10km road races.

**ENQUIRIES:** Kobie Marais: 082 561 5429

**E-mail:** runwalk@xsinet.co.za

**\*THE SCHOOL WITH MOST ENTRIES WILL RECEIVE A COMPUTER \***

**MARULA FESTIVAL - 21.1 KM  
PRIZE MONEY  
2016**

Pos	OPEN (M/F)	40 - 49 (M/F)	50 - 59 (M/F)	60 + (M/F)	70 + (M/F)	JUNIOR (M/F)	WALKERS (M/F)
1	R 3,000.00	R 800.00	R 500.00	R 400.00	R 300.00	R 500.00	R 600.00
2	R 1,500.00	R 600.00	R 400.00	R 300.00	R 200.00	R 400.00	R 500.00
3	R 1,000.00	R 400.00	R 300.00	R 250.00	R 100.00	R 300.00	R 400.00
4	R 400.00						R300.00
5	R 300.00						R200.00

**MARULA FESTIVAL - 10 KM  
PRIZE MONEY  
2016**

Pos	OPEN (M/F)	40 - 49 (M/F)	50 - 59 (M/F)	60 + (M/F)	JUNIOR (M/F)	WALKERS (M/F)
1	R 1,500.00	R 350.00	R 300.00	R 300.00	R 500.00	R 500.00
2	R 800.00	R 250.00	R 200.00	R 200.00	R 400.00	R 400.00
3	R 600.00	R 100.00	R 100.00	R 100.00	R 300.00	R 300.00
4	R 500.00					R200.00
5	R 300.00					R100.00

**NB. Limpopo Athletics will pay all prize money into the prize winners' bank accounts within 2 weeks after the race (not later than 14 March 2016). Ensure that your banking details are correct. Limpopo Athletics, Run/Walk for Life and the Marula Festival Organisers will NOT be liable if you provide wrong banking details.**

**!!!!!! NO CASH PRIZES ON RACE DAY!!!!!!**

All Fun Runners will receive a medal on finishing the race.

Athletes must wear **numerical age group tags back & front** to qualify for category prizes.

**Walkers must display a "W" at the front and back** of their athletic attire to qualify for prize money.

Proof of age may be required.

Appeals must be lodged **IN WRITING** with the organisers within 30 minutes of the finish of the race together with the compulsory fee of R100.00

Registration may take place from 16h00 – 20h00 on Friday, 26 February 2016 at Bollanoto Information Centre in Phalaborwa or from 5am - 6.00am on Saturday 27 February 2016 at Bollanoto Information Centre.



ORGANISERS:

and

**Phalaborwa Road Runner Club**